



STEFF



COMMUNITY
ENGAGEMENT

KYLIE



PROJECT
SUPPORT

Hi there!

Do you want to be involved in creating a brighter future for our SMBI Community?

These are our amazing SMBI Listeners Employees and Board Members, why not have a chat with them or get in touch?

We are passionate about our Island Community and would love to invite you to come on the journey with us.

If you would like more information please call
0483 837 763 or email
Manager@SMBIListeners.org.au
or find us on Facebook,
SMBI Listeners Inc.

LEAH



TREASURER

HILTON



PRESIDENT



JAYDE



BOARD
MEMBER

KAYLENE



SECRETARY

AMY



MANAGER

WE WOULD LOVE TO HEAR FROM YOU!
GET IN TOUCH WITH
US TODAY!

SMBI FOOD RELIEF

RUSSELL ISLAND RECREATION HALL - 2 MIN WALK FROM JETTY

WEDNESDAY (FORTNIGHTLY) ON RECYCLE BIN WEEK

11:00AM-2:30PM



Redland Community Centre offer the following services via their outreach to R.I Rec Hall.

- Disaster/Flood Assistance
- Food & Financial Support
- MoneyFinder Financial Support and Financial counselling

Ph: 07 3245 2117 or E: moneyfinder@redlandcommunitycentre.org

RUSSELL ISLAND RECREATION HALL - 2 MIN WALK FROM JETTY

WEDNESDAY (FORTNIGHTLY) ON RECYCLE BIN WEEK 3:20PM-

4:20PM



Provided by ADRA - Bay Islands Seventh Day Adventist Church.

- \$10 to cover handling
- Bring your own bags & trolley.

Ph Jenny: 0406 528 772 for more info

THE HUT, 55 JACKSON RD, RUSSELL ISLAND.

TUESDAY (FORTNIGHTLY) OPPOSITE RECYCLE BIN WEEK

1:30PM-2:30PM



Provided by Global Care Bay Islands.

- \$15 per box
- Bring your own bags & trolley.

Text message Sue 0422 189 942 by Monday with name and size of food box needed.

BAY ISLAND COMMUNITY SERVICES INC.

MACLEAY ISLAND:

MONDAY - FRIDAY

9:00AM-12:00PM

35 Southsea Terrace, M.I.

Call: 07 3409 4990 or ring & make an appointment

- Emergency Relief
- Conditions may apply

RUSSELL ISLAND:

MONDAY - FRIDAY

9:00AM-12:00PM

55 Jackson Road, R.I.

Call: 3409 1177 or ring & make an appointment

- Emergency Relief
- Conditions may apply



To add your details or for more info contact: Steff - Community Engagement

Ph: 0483 829 898 E: Community@SMBILISTENERS.ORG.AU

2023 SMBI Community Hubs

PLEASE COME AND JOIN US FOR THE
SMBI COMMUNITY HUB EVENTS

WE WILL HAVE SERVICES AND
SUPPORTS FROM THE FOLLOWING
SECTORS

HOUSING
YOUTH
CHILDREN
FAMILIES
MENTAL HEALTH
AGED CARE
NDIS

MORE INFORMATION ABOUT THESE
HUBS CAN BE FOUND
[HTTPS://SMBI.COMMUNITY/HUBS](https://smbi.community/hubs)

MACLEAY ISLAND

WEDNESDAY 5TH JULY
WEDNESDAY 6TH SEPTEMBER
WEDNESDAY 1ST NOVEMBER
WEDNESDAY 6TH DECEMBER
9AM TO 1PM

MACLEAY ISLAND COMMUNITY
CENTRE HALL

RUSSELL ISLAND

WEDNESDAY 9TH AUGUST
WEDNESDAY 4TH OCTOBER
WEDNESDAY 15TH NOVEMBER
9AM TO 1PM

RUSSELL ISLAND RECREATION
HALL

FOR FURTHER INFORMATION
CONTACT

BREE TUKAVKIN
BREE.TUKAVKIN@QSHELTER.ASN.AU
0411738159

HILTON TRAVIS
PRESIDENT@SMBILISTENERS.ORG.AU
0444525659



Rural Lifestyle Options Australia
Community Service Provider



Specialist Domestic Violence
& Women's Wellbeing Services





FAMILY FRIENDLY ACTIVITIES ON SMBI

FREE PLAYGROUPS

BUZZING BEES PLAYGROUP

WHEN: MONDAYS 8:30am to 10.30am during school terms

WHERE: Macleay Island State School Fun, free playgroup for children under school age.

CONTACT: Macleay SS 07 3400 8333

PLAY2LEARN

WHEN: TUESDAYS 9:30am to 11:30am

WHERE: Russell Island at the High Street park (near the jetty).

CONTACT: Mel or Kelly 0429 963 712

SMBI BUBS AND FAMILIES

WHEN: TUESDAYS 9:00am to 11:00am

WHERE: Macleay Island Progress Hall

A welcoming and safe space for families & bubs.
CONTACT: 07 3184 0958 or 0483 837 763

JARJUM BARGARRA FAMILIES SPACE

WHEN: FRIDAYS 8:45am to 11:45am

WHERE: Bay Island Early Learning & Care.

Open to all families with children from 2 to 5 years - Siblings welcome
CONTACT: 07 3409 4433

SPORTS CLUBS

GEORGY'S LEARN TO SWIM - DURING POOL SEASON

WHEN: Mon and Tues from 3pm

WHERE: Bay Islands Pool R.I GROUP AND PRIVATE

LESSONS FOR ALL ABILITIES

PH: Georgy 0488 121 807

BAY ISLAND GYMNASTICS & DANCE - DURING SCHOOL TERMS

WHEN: Fridays from 3.30pm

WHERE: R.I Rec Hall (2min walk from jetty)

CALL TO BOOK IN - LIMITED SPACES
PH: Edith 0447 786 953

RUSSELL ISLAND FISHING CLUB - FEB TO NOV

WHEN: 2:00pm weigh-in, Sunday fortnightly

WHERE: BIMSARA 2 Union St, R.I

Social fishing & weigh-in comp. Families welcome
PH: Woody 0401 458 311

SOCCER - BAY ISLANDS

UNITED JUNIOR FC - LATE JAN TO SEPT

Union St Field, R.I

Under 12's & Under 10's Train Tues & Thurs 3.30pm, Play Sat mornings.

Under 8's - Sat 9.30am

PH: Mick 0401 483 079

LIBRARIES

ROBBIES STREET LIBRARY

17 Dalpura St, Macleay Island

REVAMPS STREET LIBRARY

17 Francis Road, Macleay Island

JUDY & RAY PICKERING STREET LIBRARY

The Renegades Men's Shed @ Blue waters Crescent.

CURLEW COVE STREET LIBRARY

3 Curlew St, Macleay Island

HARRY POTTER STREET LIBRARY

Community Library @ Russell Terrace, Macleay Island

MACLEAY ISLAND LIBRARY

Russell Terrace, Macleay Island
Open Mon 9-5, Tue & Thu 9-4, Fri 9-12, Sat 9-12

RUSSELL ISLAND LIBRARY

22 High Street, Russell Island
Open Wed, Thu, Fri 9:30-12:30 & 1:30-5:00 & Sat 9am-1pm

LAMB ISLAND LIBRARY

Behind Rec Club, 125 Lucas Drive, Lamb Island
Open Tue 9-12, Sat 9-11

LAMB ISLAND KIOSK-BOOK SWAP

6-8 Lucas Drive, Lamb Island

MARKETS

JACKSON RD MARKET

WHEN: 8am-11am, 1st Sat of month

WHERE: Bay Islands Community Services Inc. Jackson Rd R.I

CONTACT: BICSI on 07 3409 5613

BERNIE'S MARKET

WHEN: 8:30am-12:30pm 3rd Sat of month

WHERE: M.I Progress Hall

CONTACT: admin@mipa.org.au

LAMB COMMUNITY MARKET

WHEN: 8am - 12pm 1st Sun of month

WHERE: Zac's Convenience Store 6-8 Lucas Dr

LIONS COMMUNITY MARKET

WHEN: 8am-12pm, 1st Sat of month

WHERE: Community Centre, M.I (across from the skate park)

CONTACT: Wally on 0411 639 812

ROBERT STREET MARKET

WHEN: 3rd Sunday of month

WHERE: RICARTS Farm, Robert St R.I

contact: Dee on 0466 330 447

SEAVIEW MARKET

Time: 8am - 2pm 2nd Sat of the month

Location: St Peters Parish Church High St (Next to IGA)

CONTACT :Jera 0450 016 151
theseaviewmarket@gmail.com

UPDATED
MAY 2023

To add your activity please contact:
STEFF H - COMMUNITY ENGAGEMENT
PH:0483 829 898
E:community@SMBIListeners.org.au

Disclaimer: SMBI Listeners Inc. do not take responsibility for these activities or families' engagement.

FRIENDSHIP
&
COMMUNITY



CONNECTION
&
CREATIVITY



COME AND JOIN US!

EVERY TUESDAY 9AM - 11AM
MACLEAY ISLAND PROGRESS HALL
26-30 RUSSELL TERRACE, M.I.

USE OF THE HALL, TEA & COFFEE
ARE GENEROUSLY DONATED WITH
LOVE, FROM THE PROGRESS
ASSOCIATION



0-5 YEARS
DROP IN CHILD
HEALTH CLINIC
EVERY WEEK

CALL 3488 4350
TO FIND OUT MORE

ABOUT US

"The group was created and is led by a group of passionate SMBI parents & carers.

It is for ALL Island families, from those trying to conceive, pregnant mums and parents/carers with babies and young children.

While we are a group focussed on the wellbeing of parents & carers in the prenatal - toddler stage, all children are welcome and there are a range of activities, stories and opportunities provided for 0-5 year olds.

(Parent and Carer supervision is required at all times)



SMBI BUBS & FAMILIES



smbibubs@gmail.com





Bay Island

Early Learning & Care

PH 34094433

172 High Central Road, Macleay Island www.biearlylearning.com.au

admin@biearlylearning.com.au

Jarjum Community Space

Open to all families with children
from 2 to 5 years old - Siblings
welcome

Up coming dates for July include:

14th - Children's Choice

21st - National lamington Day - make our
own lamingtons.

28th - Friendship Day activities.

We will be open Friday the 14th after the school holidays but until then
check out the Vacation Care program.

OPEN FRIDAYS
8.45AM - 11:45AM



Play 2 Learn

A good beginning for every child

Play2Learn is more than a playgroup!

Play2Learn is a fun time for you to share with your child. Play2Learn gives your child the chance to learn, grow and prepare for school.

All families with children aged 0 – 5 years are welcome to attend.

Come and join us for:

- Lots of play activities
- craft
- healthy snacks
- music & story time
- fun & friendship
- support with parenting



Program Times & Locations

Russell Island

High Street Park, High Street
Russell Island, next to the barge.

Tuesday 10:00am - 11:30am

Child Health Nurses
and Speech therapist
now visiting
Playgroup!



For More Information

Dean Wrobel:
0411 668 852

Child Health Nurses on SMBI

Birth to 5 years: drop-in clinics

Free parenting support for families with babies and young children. No appointment required

Child health nurses can provide advice about feeding, sleeping and other issues during short consultations. Please ask for an interpreter if you need one.



Clinics for children up to 5 years old

| | |
|---|-----------------------|
| Acacia Ridge Early Years Centre 67 Nyngam St | Tue |
| Beaudesert Early Years Centre 4 Michaelina Dr | Wed |
| Beenleigh Community Health Centre 10-18 Mount Warren Blvd | Wed |
| Caboolture Square Shopping Centre Level 5, 60-78 King St | Mon - Fri |
| Cleveland, Redland Health Service Centre 3 Weippin St | Tue, Fri |
| Coorparoo Child Health Service 236 Old Cleveland Rd | Mon - Fri |
| Deception Bay Child Health Service 675 Deception Bay Rd | Tue, Thu |
| Flagstone Community Centre 19 Trailblazer Dr | Tue |
| Hillcrest, Browns Plains Community Health Centre and Early Years Centre Corner Wineglass Dr and Middle Rd | Wed, Fri |
| Inala Community Health Centre 64 Wirraway Pde | Tue |
| Jimboomba Caddies Community Centre 19-33 South St | Thu |
| Kallangur Child Health Service 126 School Rd | Mon, Wed, Fri |
| Keperra, North West Community Health Centre 49 Corrigan St | Mon, Wed, Fri |
| Macleay Island Progress Hall 26-30 Russell Tce | Tues |
| Mount Ommaney, Centenary Community Hub 171 Dandenong Rd | Mon (9-12), Thu (9-3) |
| Nundah Community Health Centre 10 Nellie St | Tue, Wed, Fri |
| Redcliffe Community Health Centre 181 Anzac Ave | Tue, Fri |
| Slacks Creek, Village Connect Unit 13, 390 Kingston Rd | Wed |
| Springwood Child Health Centre 16 Cinderella Dr | Mon, Thu |

Clinics for children up to 5 years old

| | |
|---|---------------|
| Strathpine, Pine Rivers Community Health Centre 568 Gympie Rd | Tue, Thu |
| Wynnum Child Health Service 130 Florence St | Mon, Wed |
| Yarrabilba Family and Community Place 3 Darnell St | Mon, Wed, Fri |

Clinics for children up to 3 months old

| | |
|---|----------|
| Logan Central Community Health Centre 97-103 Wembley Rd | Tue, Fri |
|---|----------|

Clinics are open between **9am and 12pm** on specified days at each location. Clinics are closed on public holidays.

For advice and information

- Child Health Service 1300 366 039
 - Breastfeeding helpline 1800 686 268
 - 13 HEALTH (13 432584) 24 hours, 7 days.
- Ask to speak to a child health nurse.



Scan the QR code for more information about child health services in the Greater Brisbane area.



Children's Health Queensland pays respect to the Traditional Custodians of the lands on which we walk, talk, work and live. We acknowledge and pay our respects to Aboriginal and Torres Strait Islander Elders past, present and emerging.

SMBI's Free, Local Phone Number for Childrens Health Nurse appointments!

SMBI Families Please call:

3488 4350





Macleay Island State School Buzzing Bee's Playgroup

Join our Play Matters Affiliated group!

Buzzing Bee's Playgroup meets Mondays. This playgroup provides up to 2 hours free play for children from infant to five years old.

Children are free to explore activities and toys within our Early Years Room, with a shared pack-up clean-up process.

Each week a variety of activities are available for all age groups, with special events held throughout the year. Please note this playgroup is held on Monday mornings from 8:30am during the school term.

Time: 8:30am – 10:30am

Day: Monday (During School Term)

Place: Macleay Island State School

Cost: FREE

Contact: Jarrod Calcott: jcalc12@eq.edu.au



For more information visit:

<https://playmatters.org.au/playgroups/994691844>

Discover more play experiences at: playmatters.org.au

Are you a carer?

Do you take care of or support someone close to you?

There are almost 2.65 million unpaid carers in Australia. That's 1 in 9 people!

Yet, many people don't see themselves as carers.

They are simply children, parents, partners, relatives, or friends supporting someone close to them.

What makes someone a carer?

Every caring situation is different.

A carer can care for anyone.

A carer can be young or old.

A carer can look after someone who lives with disability, a medical condition, has a mental health condition or is frail due to age.

A carer might help someone with shopping, housework, cooking or transport.

A carer might look after someone 24 hours a day and help with daily activities. Or they might look after someone who only needs help some of the time.

If this sounds like you, you might be an unpaid carer. You can get support through Carer Gateway.

Key facts

- **Two thirds** of carers spend up to 3 hours a day providing care and support.
- **Just over half** of all carers are primary carers. That means they're the only person looking after the person they care for.
- **Over a third** of all carers live with disability themselves.
- **About half** of primary carers in Australia have a chronic illness or condition.

Carer Gateway is here to support you

It is important to have support when you're caring for someone.

Carer Gateway was designed by carers for carers. We provide a range of free support and local services to give carers the help they need.

Call Carer Gateway on 1800 422 737 or go to [CarerGateway.gov.au](https://www.carergateway.gov.au) to find out what we can do for you.

If you are more comfortable having a conversation in a language other than English, you can use the Translating and Interpreting Service (TIS). TIS is available 24 hours a day, 7 days a week, and is accessible from anywhere in Australia for the cost of a local call on 131 450.



Child Health Connector Service

Southern Moreton Bay Islands



Hi, I'm Kylie, your Child Health Connector for the Southern Moreton Bay Islands. I am available to help you learn about and connect with services and health providers for families with children aged 0-8yrs. I'd love to meet you and help you get connected to the services your family needs. I am on the Islands on Tuesdays and Thursdays.

What I can help with:

- Accessing specialist services on the mainland
- Helping you prioritise what services to access first
- Connecting you with existing services on the Islands
- Working out transport and child care so you can attend appointments
- Setting goals and plans for thriving happy families, connecting you with support to help reach your goals
- Assisting you access referrals **...these services are FREE.**

I can meet with you at our office at the Progress Association Hall on Macleay Island or at one of the schools, Bay Island Early Learning, a park or BICSI. Just get in touch and we can make a plan that suits.

I will be dropping in to KindyLinQ and connecting with community events, please come and say hi if you see me about.

Looking forward to meeting with you!



For more info contact Kylie:

0476 822 272

This project is supported by funding from
the Australian Government through the PHN Program

phn
BRISBANE SOUTH
An Australian Government Initiative

Redlands Coast Community Service

CONTACTS

CRISIS NUMBERS

AMBULANCE / POLICE / FIRE: **000**



KIDS HELPLINE: **1800 55 1800**

LIFELINE: **13 11 14**

13 HEALTH: **13 43 25 84**

24 Hour Emergencies

| | |
|---|---------------|
| 1800 RESPECT (domestic violence) | 1800 737 732 |
| Child Safety After Hours Service Centre | 1800 177 135 |
| DV Connect Mensline | 1800 600 636 |
| DV Connect Womensline | 1800 811 811 |
| Homeless Hotline | 1800 474 753 |
| MH Call | 1300 64 22 55 |
| National Suicide Callback Service | 1300 659 467 |
| Queensland Sexual Assault Helpline | 1800 010 120 |
| Redland Hospital | 3488 3111 |
| Sexual Assault Hotline | 1800 010 120 |

Treatment, Counselling and Referral

| | |
|--|---------------|
| Alcohol Drug Service | 3825 6060 |
| ADA Australia Advocacy | 1800 818 338 |
| Benevolent Society | 1800 236 762 |
| Beyond Blue | 1300 224 636 |
| Blue Care Redland Community Care | 3824 4555 |
| Brisbane South PHN | 1300 467 265 |
| Child and Youth Mental Health Services | 3825 6005 |
| Footprints - Recovery Wellness Housing | 3252 3488 |
| Gallang Place | 3899 5041 |
| Gambling Help | 1800 858 858 |
| Gay and Lesbian Counselling Service | 1800 184 527 |
| Gundu-Pa Manly Community Health Centre | 3213 7800 |
| Head to Health – mental health service finder | 1800 595 212 |
| Homeless Health Outreach Team | 1300 64 22 55 |
| In-Sync Youth Services Anglicare | 3286 8777 |
| Kookaburra Kids | 1300 566 525 |
| MICAH Homelessness Service | |
| Perinatal Wellbeing Service Redlands | 3825 6241 |
| QuIHN – Therapeutic Services | 1800 172 076 |
| Redlands Community Centre | 3245 2117 |
| Redland Health Service Centre | 3488 4222 |
| Redlands Youth Intensive Support Program – Aftercare | 0466 281 899 |
| Relationships Australia Queensland | 1300 364 277 |
| Uniting Care Capalaba | 3823 9400 |
| Wesley Mission QLD | 1300 541 623 |

Support & Information

| | |
|---|---------------------------|
| 24hr Drug and Alcohol Information Service | 1800 177 833 3837 5989 |
| Aboriginal and Torres Strait Islander Legal Service Cleveland | 3025 3888 |
| BABI Youth and Family Service | 3393 4176 |
| Backpack Bed for Homeless | 3286 9834 |
| Bay Island Community Centre Services | 3409 1177 |
| Bayside Community Legal Service | 3162 3282 |
| Capalaba Housing Service Centre | 3362 9100 |
| Carers Queensland - NDIS | 1300 999 636 |
| Centacare Community Services | 3853 7400 |
| Centrelink Services Australia | 13 62 40 |
| Cleveland Centre Against Sexual Violence | 3808 3299 |
| Commonwealth Respite and Carelink Centre | 1800 052 222 |
| Community Action for the Prevention of Suicide | 1800 008 255 |
| Family and Child Connect | 13 32 64 |
| Headspace Capalaba | 1300 851 274 |
| Mangrove Housing – Social Housing | 3893 3299 |
| Mental Health Carers Arafmi QLD | 3254 1881 |
| NDIS Call Centre | 1800 800 110 |
| Night Ninjas (Homeless) | 0417 668 926 |
| PCYC Redlands | 3245 4639 |
| Redlands Centre for Women | 3461 7097 |
| Redlands Youth Justice Centre | 3383 1400 |
| RFQ Capalaba | 3363 2565 |
| Standby Support After Suicide | 0429 147 491 |
| St Vincent de Paul | 3823 2304 |
| The Cage Youth Foundation | 3829 2644 |
| The Salvation Army Bayside Community Church | 3824 5222 |
| QLD Advocacy Incorporated (QAI) | 3844 4200 |
| Wellways Carer Gateway | 1300 111 400 |
| Yulu-Burri-Ba | 3900 7800 or 3164 5800 |



Hope Centre
Redlands



Picture only indicative of meal supplied



Redland Community Centre is proud to partner with
Hope Centre Redlands to deliver:

RUSSELL ISLAND COMMUNITY LUNCH



12PM-1PM ONCE A MONTH
FIRST LUNCH WEDNESDAY 26TH APRIL
RUSSELL ISLAND RECREATION HALL
1 ALISON CRESCENT RUSSELL ISLAND



No bookings required



FREE PSYCHOLOGY SERVICE

HOW CAN WE HELP

Change Futures has received funding to provide free psychology and counselling services for children, young people, adults and older adults across the community.

WHY?

Change Futures has received funding to provide psychology and counselling services because of the impact of the recent floods on the community's overall wellbeing.

WHO IS ELIGIBLE?

Do you live in any of the areas shown on the map? If so, you are eligible for free psychology services up until June 2023. This service is for everyone in the community.

WHERE CAN YOU ACCESS THIS SERVICE?

This service can be accessed in person at our Springwood office and other community locations across the region. Services can also be provided anywhere in the region by telehealth e.g (phone or zoom).



This service is supported by funding from the Australian Government through Brisbane South PHN.



Scan the QR Code to organise a referral or Contact Us on -
(07) 3153 1093

intake@changeutures.org.au
for more information.

Program Referrals

Email info@changeutures.org.au

Phone (07) 3153 1093 | Fax (07) 3357 8215

Email intake@changeutures.org.au

Medical Objects - Change Futures



ABN 11 168 089 170

MOONLIGHT MOVIES

ON MACLEAY

SAVE THE DATES

8 July

12 August

30 September

Open Air Movies

Kids Activities

Live Music

Food Stalls

Entertainment

Bar

FREE ENTRY

* limited tickets



moonlightmoviesonmacleay



Moonlight_Movies_on_Macleay



SOUTHERN MORETON
BAY ISLANDS
CHAMBER OF COMMERCE

Proudly supported by

SEALINK

Proudly supported by

