

UPCOMING

SCHOOL HOLIDAY EVENTS ON SMBI

**APR
2**

**KIDS PALM SUNDAY
12 - 2PM R.I RECREATION HALL**

**SIGN UP BY MARCH 30TH
TEXT 0428 669 207 TO RSVP**



**APR
4**

**SMBI BUBS AND FAMILIES EASTER
FUN**

**9 - 11AM M.I PROGRESS HALL
OLDER SIBLINGS WELCOME ON
SCHOOL HOLIDAYS**



**APR
4**

**PLAY2LEARN PLAYGROUP
10.30-1PM JETTY PARK R.I**

**ALL SMBI FAMILIES WELCOME
1 MIN WALK FROM JETTY**



**APR
14**

**JARJUM BARGARRA OPENING DAY
8.30 - 11.30AM CURLEW COVE**

**CALL BAY ISLAND EARLY
LEARNING FOR MORE
INFORMATION PH:3409 4433**



**APR
16**

**EASTER HOLIDAYS MARKET
8 - 1PM NEVILLE STAFFORD
PARK REDLAND BAY
(OPPOSITE THE JETTY STORE)**

**FIND THE BAY ISLANDS COLLECTIVE EVENT
ON FACEBOOK FOR MORE INFORMATION**



**VACATION CARE OPERATING THROUGHOUT THE
HOLIDAYS**

**INCLUDING TRIPS TO INDIGISCAPES AND MT COTTON PARK
CALL BAY ISLAND EARLY LEARNING FOR MORE INFORMATION
PH : 3409 4433**

FRIENDSHIP
&
COMMUNITY



CONNECTION
&
CREATIVITY



COME AND JOIN US!

EVERY TUESDAY 9AM - 11AM
MACLEAY ISLAND PROGRESS HALL
26-30 RUSSELL TERRACE, M.I.

USE OF THE HALL, TEA & COFFEE
ARE GENEROUSLY DONATED WITH
LOVE, FROM THE PROGRESS
ASSOCIATION



0-5 YEARS
DROP IN CHILD
HEALTH CLINIC
EVERY WEEK

CALL 3488 4350
TO FIND OUT MORE

ABOUT US

"The group was created and is led by a group of passionate SMBI parents & carers.

It is for ALL Island families, from those trying to conceive, pregnant mums and parents/carers with babies and young children.

While we are a group focussed on the wellbeing of parents & carers in the prenatal - toddler stage, all children are welcome and there are a range of activities, stories and opportunities provided for 0-5 year olds.

(Parent and Carer supervision is required at all times)



SMBI BUBS & FAMILIES



smbibubs@gmail.com





Play 2 Learn

A good beginning for every child

Play2Learn is more than a playgroup!

Play2Learn is a fun time for you to share with your child. Play2Learn gives your child the chance to learn, grow and prepare for school.

All families with children aged 0 – 5 years are welcome to attend.

Come and join us for:

- Lots of play activities
- craft
- healthy snacks
- music & story time
- fun & friendship
- support with parenting



Program Times & Locations

Russell Island

High Street Park, High Street
Russell Island, next to the barge.

Tuesday 10:00am - 11:30am

Child Health Nurses
and Speech therapist
now visiting
Playgroup!



For More Information

Dean Wrobel:
0411 668 852



STEFF



COMMUNITY
ENGAGEMENT

HILTON



PRESIDENT

Hi there!

Do you want to be involved in creating a brighter future for our SMBI Community?

These are our amazing SMBI Listeners Employees and Board Members, why not have a chat with them or get in touch?

We are passionate about our Island Community and would love to invite you to come on the journey with us.

If you would like more information please call
0483 837 763 or email
Manager@SMBIListeners.org.au
or find us on Facebook,
SMBI Listeners Inc.

LEAH



TREASURER

KAYLENE



SECRETARY



JAYDE



BOARD
MEMBER

AMY



MANAGER

WE WOULD LOVE TO HEAR FROM YOU!
GET IN TOUCH WITH
US TODAY!

Child Health Connector Service

Southern Moreton Bay Islands



Hi, I'm Kylie, your Child Health Connector for the Southern Moreton Bay Islands. I am available to help you learn about and connect with services and health providers for families with children aged 0-8yrs. I'd love to meet you and help you get connected to the services your family needs. I am on the Islands on Tuesdays and Thursdays.

What I can help with:

- Accessing specialist services on the mainland
- Helping you prioritise what services to access first
- Connecting you with existing services on the Islands
- Working out transport and child care so you can attend appointments
- Setting goals and plans for thriving happy families, connecting you with support to help reach your goals
- Assisting you access referrals **...these services are FREE.**

I can meet with you at our office at the Progress Association Hall on Macleay Island or at one of the schools, Bay Island Early Learning, a park or BICSI. Just get in touch and we can make a plan that suits.

I will be dropping in to KindyLinQ and connecting with community events, please come and say hi if you see me about.

Looking forward to meeting with you!



For more info contact Kylie:

0476 822 272

This project is supported by funding from
the Australian Government through the PHN Program

phn
BRISBANE SOUTH
An Australian Government Initiative

Child Health Nurses on SMBI

Birth to 5 years: drop-in clinics

Free parenting support for families with babies and young children. No appointment required

Child health nurses can provide advice about feeding, sleeping and other issues during short consultations. Please ask for an interpreter if you need one.



Clinics for children up to 5 years old

Acacia Ridge Early Years Centre 67 Nyngam St	Tue
Beaudesert Early Years Centre 4 Michaelina Dr	Wed
Beenleigh Community Health Centre 10-18 Mount Warren Blvd	Wed
Caboolture Square Shopping Centre Level 5, 60-78 King St	Mon - Fri
Cleveland, Redland Health Service Centre 3 Weippin St	Tue, Fri
Coorparoo Child Health Service 236 Old Cleveland Rd	Mon - Fri
Deception Bay Child Health Service 675 Deception Bay Rd	Tue, Thu
Flagstone Community Centre 19 Trailblazer Dr	Tue
Hillcrest, Browns Plains Community Health Centre and Early Years Centre Corner Wineglass Dr and Middle Rd	Wed, Fri
Inala Community Health Centre 64 Wirraway Pde	Tue
Jimboomba Caddies Community Centre 19-33 South St	Thu
Kallangur Child Health Service 126 School Rd	Mon, Wed, Fri
Keperra, North West Community Health Centre 49 Corrigan St	Mon, Wed, Fri
Macleay Island Progress Hall 26-30 Russell Tce	Tues
Mount Ommaney, Centenary Community Hub 171 Dandenong Rd	Mon (9-12), Thu (9-3)
Nundah Community Health Centre 10 Nellie St	Tue, Wed, Fri
Redcliffe Community Health Centre 181 Anzac Ave	Tue, Fri
Slacks Creek, Village Connect Unit 13, 390 Kingston Rd	Wed
Springwood Child Health Centre 16 Cinderella Dr	Mon, Thu

Clinics for children up to 5 years old

Strathpine, Pine Rivers Community Health Centre 568 Gympie Rd	Tue, Thu
Wynnum Child Health Service 130 Florence St	Mon, Wed
Yarrabilba Family and Community Place 3 Darnell St	Mon, Wed, Fri

Clinics for children up to 3 months old

Logan Central Community Health Centre 97-103 Wembley Rd	Tue, Fri
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Clinics are open between **9am and 12pm** on specified days at each location. Clinics are closed on public holidays.

For advice and information

- Child Health Service 1300 366 039
- Breastfeeding helpline 1800 686 268
- 13 HEALTH (13 432584) 24 hours, 7 days. Ask to speak to a child health nurse.



Scan the QR code for more information about child health services in the Greater Brisbane area.



Children's Health Queensland pays respect to the Traditional Custodians of the lands on which we walk, talk, work and live. We acknowledge and pay our respects to Aboriginal and Torres Strait Islander Elders past, present and emerging.

SMBI's Free, Local Phone Number for Children's Health Nurse appointments!

SMBI Families Please call:

3488 4350



Redlands Coast Community Service

CONTACTS

CRISIS NUMBERS

AMBULANCE / POLICE / FIRE: **000**



KIDS HELPLINE: **1800 55 1800**

LIFELINE: **13 11 14**

13 HEALTH: **13 43 25 84**

24 Hour Emergencies

1800 RESPECT (domestic violence)	1800 737 732
Child Safety After Hours Service Centre	1800 177 135
DV Connect Mensline	1800 600 636
DV Connect Womensline	1800 811 811
Homeless Hotline	1800 474 753
MH Call	1300 64 22 55
National Suicide Callback Service	1300 659 467
Queensland Sexual Assault Helpline	1800 010 120
Redland Hospital	3488 3111
Sexual Assault Hotline	1800 010 120

Treatment, Counselling and Referral

Alcohol Drug Service	3825 6060
ADA Australia Advocacy	1800 818 338
Benevolent Society	1800 236 762
Beyond Blue	1300 224 636
Blue Care Redland Community Care	3824 4555
Brisbane South PHN	1300 467 265
Child and Youth Mental Health Services	3825 6005
Footprints - Recovery Wellness Housing	3252 3488
Gallang Place	3899 5041
Gambling Help	1800 858 858
Gay and Lesbian Counselling Service	1800 184 527
Gundu-Pa Manly Community Health Centre	3213 7800
Head to Health – mental health service finder	1800 595 212
Homeless Health Outreach Team	1300 64 22 55
In-Sync Youth Services Anglicare	3286 8777
Kookaburra Kids	1300 566 525
MICAH Homelessness Service	
Perinatal Wellbeing Service Redlands	3825 6241
QUIHN – Therapeutic Services	1800 172 076
Redlands Community Centre	3245 2117
Redland Health Service Centre	3488 4222
Redlands Youth Intensive Support Program – Aftercare	0466 281 899
Relationships Australia Queensland	1300 364 277
Uniting Care Capalaba	3823 9400
Wesley Mission QLD	1300 541 623

Support & Information

24hr Drug and Alcohol Information Service	1800 177 833 3837 5989
Aboriginal and Torres Strait Islander Legal Service Cleveland	3025 3888
BABI Youth and Family Service	3393 4176
Backpack Bed for Homeless	3286 9834
Bay Island Community Centre Services	3409 1177
Bayside Community Legal Service	3162 3282
Capalaba Housing Service Centre	3362 9100
Carers Queensland - NDIS	1300 999 636
Centacare Community Services	3853 7400
Centrelink Services Australia	13 62 40
Cleveland Centre Against Sexual Violence	3808 3299
Commonwealth Respite and Carelink Centre	1800 052 222
Community Action for the Prevention of Suicide	1800 008 255
Family and Child Connect	13 32 64
Headspace Capalaba	1300 851 274
Mangrove Housing – Social Housing	3893 3299
Mental Health Carers Arafmi QLD	3254 1881
NDIS Call Centre	1800 800 110
Night Ninjas (Homeless)	0417 668 926
PCYC Redlands	3245 4639
Redlands Centre for Women	3461 7097
Redlands Youth Justice Centre	3383 1400
RFQ Capalaba	3363 2565
Standby Support After Suicide	0429 147 491
St Vincent de Paul	3823 2304
The Cage Youth Foundation	3829 2644
The Salvation Army Bayside Community Church	3824 5222
QLD Advocacy Incorporated (QAI)	3844 4200
Wellways Carer Gateway	1300 111 400
Yulu-Burri-Ba	3900 7800 or 3164 5800

2023 SMBI Community Hubs

PLEASE COME AND JOIN US FOR THE
SMBI COMMUNITY HUB EVENTS

WE WILL HAVE SERVICES AND
SUPPORTS FROM THE FOLLOWING
SECTORS

HOUSING
YOUTH
CHILDREN
FAMILIES
MENTAL HEALTH
AGED CARE
NDIS

MORE INFORMATION ABOUT THESE
HUBS CAN BE FOUND

[HTTPS://SMBI.COMMUNITY/HUBS](https://smbi.community/hubs)

MACLEAY ISLAND

WEDNESDAY 22ND FEBRUARY
WEDNESDAY 5TH APRIL
WEDNESDAY 14TH JUNE
9AM TO 1PM

MACLEAY ISLAND COMMUNITY
CENTRE HALL

RUSSELL ISLAND

WEDNESDAY 8TH MARCH
WEDNESDAY 3RD MAY
WEDNESDAY 28TH JUNE
9AM TO 1PM

RUSSELL ISLAND RECREATION
HALL

FOR FURTHER INFORMATION
CONTACT

BREE TUKAVKIN
BREE.TUKAVKIN@QSHELTER.ASN.AU
0411738159

HILTON TRAVIS
PRESIDENT@SMBILISTENERS.ORG.AU
0444525659



APPLIED ABILITIES
working together to achieve your goals



Specialist Domestic Violence
& Women's Wellbeing Services



Rural Lifestyle Options Australia
Community Service Provider



Redland
CITY COUNCIL



RUSSELL ISLAND RECREATION HALL - 2 MIN WALK FROM JETTY

WEDNESDAY (FORTNIGHTLY) ON RECYCLE BIN WEEK

11:00AM-2:30PM



Redland Community Centre offer the following services via their outreach to R.I Rec Hall.

- Disaster/Flood Assistance
- Food & Financial Support
- MoneyFinder Financial Support and Financial counselling

Ph: 07 3245 2117 or E: moneyfinder@redlandcommunitycentre.org

RUSSELL ISLAND RECREATION HALL - 2 MIN WALK FROM JETTY

WEDNESDAY (FORTNIGHTLY) ON RECYCLE BIN WEEK 3:20PM-

4:20PM



Provided by ADRA - Bay Islands Seventh Day Adventist Church.

- \$10 to cover handling
- Bring your own bags & trolley.

Ph Jenny: 0406 528 772 for more info

THE HUT, 55 JACKSON RD, RUSSELL ISLAND.

TUESDAY (FORTNIGHTLY) OPPOSITE RECYCLE BIN WEEK

1:30PM-2:30PM



Provided by Global Care Bay Islands.

- \$15 per box
- Bring your own bags & trolley.

Text message Sue 0422 189 942 by Monday with name and size of food box needed.

BAY ISLAND COMMUNITY SERVICES INC.

MACLEAY ISLAND:

MONDAY - FRIDAY

9:00AM-12:00PM

35 Southsea Terrace, M.I.

Call: 07 3409 4990 or ring & make an appointment

- Emergency Relief
- Conditions may apply

RUSSELL ISLAND:

MONDAY - FRIDAY

9:00AM-12:00PM

55 Jackson Road, R.I.

Call: 3409 1177 or ring & make an appointment

- Emergency Relief
- Conditions may apply



To add your details or for more info contact: Steff - Community Engagement

Ph: 0483 829 898 E: Community@SMBILISTENERS.ORG.AU



Hope Centre
Redlands



Picture only indicative of meal supplied



Redland Community Centre is proud to partner with
Hope Centre Redlands to deliver:

RUSSELL ISLAND COMMUNITY LUNCH



12PM-1PM ONCE A MONTH
FIRST LUNCH WEDNESDAY 26TH APRIL
RUSSELL ISLAND RECREATION HALL
1 ALISON CRESCENT RUSSELL ISLAND



No bookings required



FREE PSYCHOLOGY SERVICE

HOW CAN WE HELP

Change Futures has received funding to provide free psychology and counselling services for children, young people, adults and older adults across the community.

WHY?

Change Futures has received funding to provide psychology and counselling services because of the impact of the recent floods on the community's overall wellbeing.

WHO IS ELIGIBLE?

Do you live in any of the areas shown on the map? If so, you are eligible for free psychology services up until June 2023. This service is for everyone in the community.

WHERE CAN YOU ACCESS THIS SERVICE?

This service can be accessed in person at our Springwood office and other community locations across the region. Services can also be provided anywhere in the region by telehealth e.g (phone or zoom).



This service is supported by funding from the Australian Government through Brisbane South PHN.



Scan the QR Code to organise a referral or Contact Us on -
(07) 3153 1093

intake@changeutures.org.au
for more information.

Program Referrals

Email info@changeutures.org.au

Phone (07) 3153 1093 | Fax (07) 3357 8215

Email intake@changeutures.org.au

Medical Objects - Change Futures



ABN 11 168 089 170